



# August 2019

Mon.	Wed.	Thu.	Fri.
		<b>1 Lowe Park</b> Pulled Roast Beef w/ Grilled Veg. Sweet Chili Chicken Pieces White Mac & Cheese Steamed Carrots Pasta Salad	<b>2 Marion Public Library</b> Herbed Baked Cod Roast Turkey w/ Grilled Veg. Roasted Gold Potatoes California Blend Cole Slaw
<b>5 Marion Library</b> Pasta Bar Marinara/Alfredo Italian Sausage Grilled Chicken Fresh Cut Fruit Garlic Breadstick	<b>7 Lowe Park</b> Sesame Chicken Beef & Broccoli White/Wild Rice Veggie Spring Roll Beet Salad	<b>8 Lowe Park</b> Chicken Breast Club Sandwich w/ Bacon, Lettuce, Tomato Hot Ham & Swiss Sandwich Sandwich Roll Cream of Broccoli Soup Yogurt Bar	<b>9 Marion Library</b> Cod w/ Black Pepper Sauce Meatloaf Baked Potato Butter/Sour Cream Cole Slaw
<b>12 Marion Library</b> Grilled Hamburger Grilled Bratwurst w/ Sauerkraut Baked Beans Fresh Fruit Fresh Baked Cookie	<b>14 Lowe Park</b> Grilled Chicken Breast w/ Grilled Veg. Lasagna Breadstick Steamed Green Beans Beet Salad Monthly Birthday Party	<b>15 Lowe Park</b> Shredded Roast Beef Herbed Baked Cod Baked Potato Butter/Sour Cream Candied Carrots Broccoli Supreme Wheat Dinner Roll	<b>16 Marion Library</b> Sausage Breakfast Casserole Sliced Ham Hashbrowns Fresh Cut Fruit Muffins
<b>19 Marion Library</b> Baked Cod Marinated Chicken Breast Roasted Red Potatoes Beet Salad <b>N.T.L. Cupcake Day: Cup Cakes</b>	<b>21 Lowe Park</b> Lemon Glazed Turkey Salisbury Steak Cheezy Potatoes Steamed Corn Cottage Cheese	<b>22 Lowe Park</b> Chicken Salad Croissant Egg Salad Croissant Chicken Noodle Soup Fresh Fruit Bean Salad	<b>23 Marion Library</b> Baked Herbed Tilapia Pork Tenderloin Sandwich Mashed Potatoes/Gravy Cole Slaw
<b>26 Marion Library</b> Potato Bar Baked or Sweet Potato Diced Ham Chili Topping Bar Bean Salad	<b>28 Lowe Park</b> Shredded Roast Beef Roast Pork Loin Roasted Baby Potatoes Dinner Roll Cottage Cheese	<b>29 Lowe Park</b> Baked White Fish Marinated Chicken Breast w/ veg. Cheezy Potatoes Steamed Green Beans Cole Slaw Wheat Dinner Roll	<b>30 Library</b> Sweet & Sour Chicken Beef & Broccoli Fried Rice Chicken Egg Roll Beet Salad Apple Crisp

## Notes

Meals also include salad bar and milk/coffee

### Reservations:

**Marion Public Library: 319-377-3412 On-Line: [tinyurl.com/y9hh4b8y](http://tinyurl.com/y9hh4b8y)**

**The Heritage Agency: 319-398-2585 *Those with advanced reservations will be served first.***

***Those without reservations will be served beginning at 12:00pm.***